



SPEED DEMONS SCHEDULE 2017-2018

Meet Schedule:

October 21 – Red and Black Meet

October 28- BYE

October 29 - Terror on the Blocks Hosted by Auburn (Fee Required)

November 4 - @ Norwich

November 11 - @ Oneonta

November 18- Cortland (HOME) PICTURE DAY 8:30am

December 2 - @ Auburn

December 9- @ Skaneateles

January 6 - BYE

January 13 – Oneida (HOME)

January 20- Watertown (HOME)

January 27 - BYE

February 3-4: CNY District Championship Hosted by Cortland at SUNY Cortland

February 10 – TIME TRIALS (HOME) 9:00am-1:00pm

March 16-18: NYS Championship Hosted by Rochester at University of Buffalo

***Schedule is subject to change**

Coaching Staff:

Head Coach: Cassandra Jones

cizyk@yahoo.com

Asst Coach: Brittany Zacharias

bzacharias@syracuseymca.org

Parent Board

President: Brett Tallents

tallents@windstream.net

Vice President: Kelly LaPage

lapagekelly@yahoo.com

2nd Vice President: Lisa Doran

lisa.doran@exeloncorp.com

Secretary: David Cordone

dcordone3@aol.com

Treasurer: Sue Tallents

tallents@windstream.net

Speed Demon Coordinator: Brea Goss

bgoss@fultonfamilyymca.org

SENIOR LEVEL PRACTICE:

Monday, Wednesday, Friday 6:30-7:30pm AND

Tuesday and Thursday 5:30-7:30pm

JUNIOR LEVEL PRACTICE:

Monday, Wednesday, Friday 5:30pm-6:30pm